



## Learning Together

Families, staff and communities share knowledge

Monthly *Growth & Development* workshops offer parents and staff time for reflection and learning.

A variety of parent groups are offered.

Monthly newsletter shares helpful information, resources and upcoming community events.

Access to extensive toy and equipment lending libraries.

Individual coaching and support for parents and staff.

Financial support for parents to attend courses or conferences of interest.

GRIT is recognized as a healthy and supportive work environment providing ongoing mentorship to staff.

***“Tell me and I forget.  
Teach me and I remember.  
Involve me and I learn”.***

Benjamin Franklin



GRIT is a non-profit charitable organization funded by Alberta Education, Program Unit Funding (PUF). For more information please contact us at:



### The GRIT Program

14930 - 114 Avenue  
Edmonton, AB T5M 4G4

Phone: 780-454-9910

Fax: 780-455-1806

E-mail: [gritprog@gritprogram.com](mailto:gritprog@gritprogram.com)

Website: [www.gritprogram.com](http://www.gritprogram.com)



Getting Ready for Inclusion Today



### THE GIFT OF A FUN AND JOYOUS CHILDHOOD

A family centered program to assist children with disabilities, 2½ to 5½ years of age, be fully included in family life, community and school.



*Founded by parents in 1982*



## Family Centered

Families participate, learn, and are central in decision making

A daily program to meet the unique needs of each child and family is created.

Parents gain knowledge and understanding of their child's development.

Parent - child interaction strategies are supported to enhance development.

Parents acquire new skills and confidence to advocate for their child and family.

Parents are active members of the learning team along with:

- ⇨ Certified Teacher
- ⇨ Developmental Specialist (providing one to one support)
- ⇨ Occupational Therapist
- ⇨ Physical Therapist
- ⇨ Speech Language Pathologist
- ⇨ Family Support Social Worker



## Community Inclusion

Belonging and participating in family, community, and school

The program offers educational support throughout the school year.

Ensures each child's full participation and learning in the natural settings of:

- ⇨ Home
- ⇨ Community
- ⇨ Playschool
- ⇨ Kindergarten



Independence of children is encouraged through use of natural support and motivation from peers.

Opportunities for the development of social skills and friendships are fostered.

GRIT provides information and support to assist with a successful transition to each child's neighborhood school.



## Learning Through Play

Play nourishes every aspect of the child's development

Play is essential to the optimal growth and development of children.

Each child's strengths and interests are used to create play routines that stimulate learning.

Children achieve individual learning goals through child-directed play.

Adults support learning through play by being a play partner, modeling and extending play ideas.

Play leads to feelings of competence and self-confidence in all children.

